Genesee Community College’s Health and Physical Education Department would like to provide an opportunity for students to use state of the art equipment, a Human Performance Lab, and learn the latest in exercise and fitness techniques and trends. Participants will also benefit from instruction by a certified Strength and Conditioning Coach. Completion of the course will earn students 1 college credit.

- **Date:** July 6-22
- **Time:** 9:00-11:15, M-TH
- **Tuition** is only $48 and there are no books to buy!
- **To register,** contact the ACE Programs office at 345-6801