The Art Of Catering
The AVI Fresh Way

At AVI Fresh, there truly is only one way... the fresh way. "Fresh" is not a catch word or motto to us, it's our culinary foundation. The freshest meats, the freshest produce, the freshest ingredients and the freshest spices, combined with the freshest culinary minds we can find, consistently create culinary works of art. From the visual beauty to the intoxicating aromas, the crispness of the textures and the succulent flavors, your every sense will experience what fresh truly is.

We invite you to sit back, relax and indulge in the culinary arts like never before... Enjoy!
Welcome
Breakfast

Quiche Lorraine
~ Breakfast Selections ~

The Classic Continental

The French Bistro Buffet
Your choice of Spinach Quiche or Quiche Lorraine. Assortment of Breakfast Pastries and Muffins. Butter, Jams and a Seasonal Fresh Sliced Fruit Display. Coffee, Decaffeinated Coffee, Hot Tea assortment and Orange Juice.

Presidential Breakfast
Scrambled Eggs, Lean Bacon, Sausage Links or Ham. Assortment of Breakfast Pastries, Muffins, Butter, Jams. Seasonal Fresh Fruit plate. Coffee, Decaffeinated Coffee, Hot Tea assortment and Orange Juice.

French Toast or Pancakes are available upon request. Hash Browns, Home Fries or Potatoes O’Brien are also available upon request.

To enhance your Breakfast Buffet, we recommend a Chef Attended, Made-To-Order Omelet Station!

From the Bakery
Breakfast Packages are served Buffet Style and include Butter and Jams.

Breakfast Pastries
Croissants, assorted Fresh Baked Muffins, assorted Fruit Danishes, Miniature Cinnamon Rolls, Doughnuts.

Premium Pastries
Cinnamon Rolls with Cream Cheese Icing, Scones, Sticky Buns.

Specialty Breakfast Breads
Coffee Cake with Crumb Topping, Fresh Baked Cranberry Nut Bread, Fresh Baked Nut Loaf, Breakfast Bread assortment.

Lox and Bagel Bar
Includes assorted Bagels, as well as Smoked Salmon garnished with Red Onions, Capers, Tomatoes and Whipped Cream Cheese.
~ Beverage Selections ~

Hot Beverages
Full Coffee Service
Freshly Brewed Coffee, Decaffeinated Coffee or Hot Tea

Cold Beverages
Canned Soft Drink Assortment
Bottled Waters
Bottled Teas
Bottled Soft Drink Assortment

Beverages Served By The Gallon
Lemonade, Iced Tea, Fruit Punch, Sparkling Punch, Apple Cider (served hot or cold), Raspberry Iced Tea
(Additional beverages are available upon request)
Hot Appetizers

Chicken Quesadillas
~ HOT APPETIZER SELECTIONS ~

Delicious Bite-Sized Morsels, perfect for any event. Can be served buffet style or as passed hors d’oeuvres.

**Mini Beef Wellington**
Tender marinated Beef, topped with a Mushroom Duxelle and baked in a flaky Puff Pastry.

**Mini Crab Cakes**
Miniature Crab Cakes served with Cajun Rémoulade.

**Stuffed Mushroom Caps**
Mushrooms stuffed with Sausage, Spinach and Feta Cheese.

**Asparagus Crisp**
Warm Asparagus wrapped in a flaky Puff Pastry drizzled with a Balsamic Reduction.

**Curried Chicken In Phyllo Cups**
Mild Curry-Flavored Chicken garnished with Sweet Chutney.

**Spanakopita**
Spinach and Feta Cheese wrapped in a Puff Pastry and served warm.

**Petite Quiches**
Chef’s assortment of Mini-Quiches including favorites such as Quiche Lorraine and Spinach Quiche.

**Mini Springrolls**
Wonton Wrapper rolled with sautéed Julienned Vegetables, Fresh Ginger and Spices and your choice of Chicken, Seafood or Pork.

**Baked Brie**
Brie Cheese served warm, drizzled with fruit sauce and accompanied by Crackers and Sliced Baguettes.

**Brie en Croute**
Brie Cheese drizzled with fruit sauce, wrapped in a flaky Puff Pastry and served warm with Crackers and Sliced Baguettes.

**Chicken Wings**
Choose from Mild, Barbecue, Honey Mustard or Spicy Hot. Served with Bleu Cheese and Celery Sticks.

**Poppers**
Breaded Jalapeno Peppers stuffed with Cream Cheese.

**Grilled Chicken Quesadillas**
Served with Fresh Guacamole and Salsa for dipping.

**Artichoke and Crab Dip**
Assorted Cheeses, Artichokes, Crab and Green Chiles blended with a Tabasco Sauce, served warm and accompanied by Toasted Pita Chips.

**Broccoli Dip with Tortilla Chips**
Sharp Cheddar Cheese Fondue with Broccoli, Green Chiles and Fresh Tomatoes. Served with Tortilla Chips.
## Cold Appetizer Selections

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Jumbo Cocktail Shrimp</strong></td>
<td>Served chilled with Cocktail Sauce.</td>
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<tr>
<td><strong>Filet Mignon Crostini</strong></td>
<td>Served with Horseradish, Chives and Cracked Pepper.</td>
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<tr>
<td><strong>Goat Cheese Crostini</strong></td>
<td>Crostini topped with Goat Cheese, Pesto and Sun-Dried Tomatoes.</td>
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<tr>
<td><strong>Tomato Pomodoro Crostini</strong></td>
<td>Fresh Marinated Roma Tomatoes, Parmesan Cheese and Basil Chiffonade served on Toasted French Baguettes.</td>
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<tr>
<td><strong>Smoked Salmon Canapés</strong></td>
<td>Canapés topped with Smoked Salmon, Capers and Dill.</td>
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<tr>
<td><strong>Tequila Lime Shrimp Phyllo Cup</strong></td>
<td>Shrimp tossed with Tequila, Lime and Cilantro. Served in a Phyllo Cup with Tomatilla Salsa and Sour Cream.</td>
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<tr>
<td><strong>Salmon Pinwheels</strong></td>
<td>Roll-Ups stuffed with Salmon Mousse and Dill Cream Cheese.</td>
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<tr>
<td><strong>Southwest Veggie Pinwheels</strong></td>
<td>Roll-Ups stuffed with Black Beans, Peppers and Chipotle Cream Cheese.</td>
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<tr>
<td><strong>Mediterranean Platter</strong></td>
<td>Marinated Grilled Eggplant, Artichoke Hearts, Olives, Roasted Red Pepper Hummus and Toasted Pita Chips.</td>
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<tr>
<td><strong>Roasted Marinated Vegetable Tray</strong></td>
<td>Fresh sliced Seasonal Vegetables Roasted and drizzled with a Balsamic Vinaigrette.</td>
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<tr>
<td><strong>Fresh Vegetable Tray</strong></td>
<td>An assortment of sliced Vegetables served with Ranch Dip.</td>
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<tr>
<td><strong>Gourmet Cheese Tray</strong></td>
<td>Domestic and Imported Cheeses served with an assortment of Crackers.</td>
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<tr>
<td><strong>Fresh Fruit Tray</strong></td>
<td>Fresh sliced Seasonal Fruits.</td>
</tr>
<tr>
<td><strong>Petite Sandwiches</strong></td>
<td>Chef’s assortment.</td>
</tr>
<tr>
<td><strong>Spinach Boule</strong></td>
<td>Zesty Spinach and Herb Dip served in a Round Pumpernickel Loaf. Also includes Crackers.</td>
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<tr>
<td><strong>8 Layer Mexican Dip</strong></td>
<td>Layered Vegetarian Refried Beans, Guacamole, Sour Cream, Salsa, Cheddar Cheese, Tomatoes and Olives. Served with Tortilla Chips.</td>
</tr>
<tr>
<td><strong>Tortilla Chips with Guacamole &amp; Salsa</strong></td>
<td>Crisp Flour Tortilla Chips served with Guacamole and Fresh Garden Salsa.</td>
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</tbody>
</table>
~ Working Luncheon Buffets ~

**Classic Deli Buffet**
Build-Your-Own Sandwich Buffet with sliced Ham, Turkey, Salami, American Cheese and assorted Sandwich Breads. Served with Lettuce, Tomatoes, Olives and Pickle Spears. Select your choice of Potato Salad, Coleslaw, Pasta Salad or Potato Chips. Dessert includes Brownies or Cookies.

**Executive Deli Buffet**
Build-Your-Own Gourmet Sandwich Buffet with sliced Ham, Roast Beef, Salami, Smoked Turkey and a sliced Cheese assortment on a Gourmet Bread selection. Served with Lettuce, Tomatoes, Olives, Pickle Spears and Potato Chips. Select your choice of Chicken, Egg or Tuna Salad with Coleslaw. Dessert includes Brownies or Cookies.

**California Style Buffet**
Build-Your-Own Gourmet Salad. Served with an assortment of Wraps or Panini Sandwiches. Select from Spring Mix or Romaine Lettuce. Served with Chicken or Beef Slices as salad toppers. Dessert includes Gourmet Cookies.

Add Soup du Jour or Chili for an additional charge.

~ Lunches To-Go ~

**Deli Boxed Lunch**
Choose from Roast Beef, Turkey, Ham, Chicken Salad or a Vegetarian selection. All choices are available with or without Cheese and also include Whole Fruit, Potato Chips and Cookies.

**Deluxe Boxed Lunch**
Choose from Roast Beef, Turkey, Ham, Chicken Salad or a Vegetarian selection. All choices are available with or without Cheese and also include a Chef’s Side Salad, a Fresh Fruit Cup, Potato Chips and Cookies.

**Executive Boxed Lunch**
Includes choice of Wrap (from selection below) Fresh-Cut Fruit and a Chef’s Side Salad. Dessert includes Lemon Bars, Brownies or Cookies.

**Chicken Caesar Wrap**
Char-Grilled Chicken, Parmesan Cheese, Romaine Lettuce and Creamy Caesar Dressing tucked into a delicious wrap.

**Italian Grilled Vegetable Wrap**
Grilled Eggplant, Onions, Sweet Peppers and Zucchini tucked into a delicious wrap with Provolone Cheese.

**Santa Fe Chicken Wrap**
Char-Grilled Chicken Breast, Cheddar Cheese, Lettuce, Green Onions, Black Olives, Chipotle Mayonnaise and Guacamole tucked into a delicious wrap.
Theme Buffets

Grilled Chicken
~ Theme Buffets ~

**Mediterranean Style Buffet**

**Vegetarian Pasta Buffet**
Pasta Primavera and Cheese Tortellini are accompanied by Marinara, Alfredo and Pesto Sauce. Served with a Garden Vegetable Sautéé, Classic Caesar Salad, Garlic Bread and Parmesan Cheese.

**Thanksgiving Style Buffet**
Sliced, slow-roasted Turkey Breast with Gravy and traditional Bread Stuffing, accompanied by Candied Yams, Broccoli au Gratin, Mashed Potatoes, Mixed Greens with a House Vinaigrette and Cranberry Sauce. Dessert includes Pumpkin Pie.

**Prime Rib Buffet**
Prime Rib au Jus, slow roasted and served with Horseradish Sauce, accompanied by Roasted Redskin Potatoes, Glazed Carrots and a Classic Caesar Salad. Served with your choice of Dessert.

**Backyard Barbecue Cookout**
Barbecued Chicken and Barbecued Pork Ribs. Accompanied by Baked Beans, Corn on the Cob, Potato Salad, Tossed Salad and Fresh Fruit Salad. Served with Cornbread with Honey Butter and choice of Pie.

**All American Buffet**
Burgers, Hot Dogs, and Veggie Burgers. Accompanied by your choice of two: Potato Salad, Calico Bean Salad, Coleslaw, Pasta Salad, Corn on the Cob or Baked Beans. Also includes Chips, Watermelon Wedges and assorted Cookies and Brownies.

**Fiesta Fajita Buffet**
Your choice of Chicken, Beef or Vegetable Fajitas, accompanied by Spanish Rice, Refried Beans, Warm Flour Tortillas, Guacamole, Sour Cream, Shredded Lettuce, Fresh Salsa, Crisp Flour Tortilla Chips and assorted Cookies.

**Grand Dinner Buffet**
A carving station offers Carved-To-Order Top Sirloin Beef au Jus and Slow-Roasted Turkey Breast. Accompanied by Roasted Redskin Potatoes, Chef’s Seasonal Vegetable, Mixed Greens with House Vinaigrette, Horseradish, Cranberry Sauce and Dijon Mustard. The Pasta Station offers assorted Pastas accompanied by Marinara, Alfredo and Pesto Sauces. Includes your choice of Dessert.

Additional Entrees Available
Buffet Offerings

Homemade Lasagna
~ Buffet Offerings ~

**Starters (Choice of one)**
- Mixed Greens with House Vinaigrette
- Italian Salad
- Caesar Salad
- Caprese Salad
- Spinach Salad with Raspberry Vinaigrette
- Spring Mix with Poppy Seed Vinaigrette

**Entrees (Choice of one)**
- Country Fried Chicken
- Chicken Marsala
- Chicken Piccata
- Chicken Parmesan
- Bourbon Chicken
- Chicken Cordon Bleu
- Roast Turkey Breast with Gravy
- Baked Cod
- Roast Pork Loin
- Meat Lasagna

**Vegetarian (Choice of one)**
- Baked Ziti
- Vegetable Lasagna
- Penne with Alfredo Sauce
- Spinach and Sun-Dried Tomato Pasta
- Pasta Primavera
- Homemade Macaroni & Cheese

**Starches (Choice of one)**
- Potatoes Au Gratin
- Cornbread Dressing
- Orzo Pilaf
- Roasted Red Skin Potatoes
- Parmesan Crushed Red Skin Potatoes
- Garlic Mashed Potatoes
- Baked Sweet Potatoes
- Mushroom Risotto
- Rice Pilaf

**Vegetables (Choice of one)**
- Green Beans Amandine
- Green Beans in Dill Butter
- Vegetable Medley
- Honey Glazed Carrots
- Sautéed Squash & Zucchini
- Sautéed Spinach
- Broccoli Amandine

**Desserts**
- Choice of homemade Dessert
Entrees

Maple Mustard Glazed Salmon
~ Entree Selections ~

All Entree selections include Mixed Greens with House Vinaigrette, freshly baked Rolls with Butter, Side Vegetable, and Side Starch.
Also included: Full Coffee Service, Ice Water and Homemade Dessert.

**Roasted Red Pepper & Vegetable Pasta**
Penne Pasta with Fresh Sautéed Vegetables in a Roasted Red Pepper Cream Sauce. Garnished with Parmesan Cheese.

**Chicken Parmesan**
Lightly breaded Chicken Breast topped with fresh Marinara Sauce, Parmesan and Mozzarella Cheeses.

**Hazelnut Crusted Chicken**
Marinated Chicken Breast encrusted with Hazelnuts and topped with a Cranberry Demi-Glaze.

**Chicken Mushroom Stroganoff**
Sautéed Chicken Breast with Mushrooms in a rich Stroganoff Sauce. Served over a bed of Noodles and garnished with Sour Cream and Red Pepper Coulis.

**Baked Vegetarian Lasagna**
Pasta layered with Sautéed Vegetables, Blended Cheeses and topped with Marinara Sauce.

**Stuffed Pork Tenderloin**
Pork Tenderloin stuffed with Polenta, Corn, and Dried Cherries. Topped with a Light Champagne Sauce.

**Maple Mustard Glazed Salmon**
Seared Filet of Salmon baked with Maple and Dijon Mustard Glaze.

**Sole Stuffed with Broccoli & Cheese**
Baked Sole stuffed with Broccoli and Aged Cheddar Cheese. Served with a Beurre Blanc Sauce.

**Seared Tuna with Wasabi**
Grilled Tuna Steak served with a Wasabi Aioli.

**Red Snapper with Red Pepper Relish**
Pan-fried Red Snapper Filet. Topped with thinly sliced Potatoes and served on a bed of Greens. Drizzled with a Red Pepper Cream Sauce.

**BEEF TENDERLOIN STUFFED WITH SPINACH & BLEU CHEESE**
Fresh Sautéed Spinach and Bleu Cheese rolled inside a Beef Tenderloin. Served with a Red Wine Demi-Glaze.

**Macadamia Sea Bass**
Sea Bass lightly dusted with Macadamia Nuts. Served with a Beurre Blanc Sauce.

**Filet Mignon with Gorgonzola Butter**
Seared Filet Mignon served with a California Cabernet Sauce and topped with Gorgonzola Butter.

**Oscar Filet Mignon**
Filet Mignon topped with jumbo lump Crabmeat. Served with a Hollandaise Sauce.

**Asiago Baked Chicken Supreme**
Seared Chicken Breast stuffed with Asiago Cheese and Fresh Spinach.

**Cedar Plank Grilled Salmon**
Salmon grilled on a Cedar Plank. Topped with Granny Smith Apples and a Cinnamon-Mint Crème Fraiche.
New York Style Cheesecake

Desserts
~ Dessert Selections ~

**Sundae Bar**
Vanilla or Chocolate Ice Cream with your choice of four toppings:
- Hot Fudge
- Rainbow Sprinkles
- Chocolate Jimmies
- Chocolate Sauce
- Butterscotch Sauce
- Caramel Sauce
- Chocolate Chips
- Chopped Peanuts
- Whipped Cream
- Marshmallow Fluff

**Assorted Dessert Bars**

**Fudge Brownies**

**Assorted Pies, Fruit or Cream**

**Fresh Seasonal Fruit**

**Jumbo Baked Cookies**

**New York Style Cheesecake**

**Fruit Torte**

**Warm Apple Dumplings**

**Layer Cake**
Your choice of Chocolate, Vanilla or Carrot
Please Visit Us Again!